

TAP TO RETURN TO KIOSK MENU

Ivana T. Croghan, PhD amd Jeff Sloan, PhD
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Rationale

Can surgical teams capitalize on a teachable moment regarding the harmful effects of smoking that will reduce surgical complications among lung cancer patients who smoke? In this study, newly diagnosed lung cancer patients who smoke and are expected to undergo surgery will receive a brief no-smoking message from the surgical team and behavioral support provided by NCI's telephone smoking quitline (1-877-44U-QUIT). In addition, patients will be randomized to receive either varenicline or placebo. By helping smoking surgical patients stop smoking, we hope to reduce post-operative complications through 24 weeks following surgery, improve the patient's quality of life, reduce post-operative care, and reduce smoking in lung cancer patients.

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Specific Aims

Primary

To determine if varenicline, when added to a behavioral intervention consisting
of a brief clinician-delivered intervention with tobacco quitline follow-up,
decreases postsurgical complications through 24 weeks after surgery in
lung cancer patients who undergo surgery and are motivated to stop
smoking.

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Study Schema



* + The No-Smoking Message must be delivered **after** randomization
** Surgery must occur after the target quit date (TQD) define at baseline and can be performed no sooner than 10 days after randomization and no more than 12 weeks after randomization.

783 invited to study – 626 expected to undergo surgery

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Visit Flow Clarifications

It is understood that clinic practices may vary with respect to how patients eligible for this study are identified and treated.

Screening: It is expected that at the time patients are referred to the surgical clinic (e.g., from pulmonary or interventional radiology service, primary care physicians), they will be screened for this study. Alternatively, site staff may review internal medical records to identify patients eligible for the study who have not yet completed the surgical consult. Time permitting, pre-registration tests, observations, and questionnaires may be completed on the same day as registration/randomization and the Baseline Visit.

Registration/Randomization: Patients must be registered/randomized following informed consent and prior to the Baseline Visit.

Baseline Visit: The Baseline Visit will include the delivery of the No-Smoking Message by a surgical team member, collection of saliva for cotinine measurement, baseline assessments, and the completion of the baseline questionnaires.



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Study Calendar

	Consent/ screen†	Baseline*	Day of Surgery**	Week 6***	Week 12***	Week 18***	Week 24***
Visit Type	In person	In person	In person	In person	Phone/in person	Phone/In person	In person
Med Hx/PE	X	X					
Screen/registration	X						
AE/Con Meds		X**	X**	X**	X**	X**	X**
Quit Message		Х					
Quitline		X					
Study Med		X	X	X			
PHQ-9		X		Х	X		X
Tobacco Use Assessment		X	Х	Х	Х	Х	X
SEQ-12		X		X	X		X
LASA		X	X	X	Х		X
Saliva		X	Χ	X	X	Х	X*
Blood		X					

[†] Pre-study testing may be performed on the same day as the baseline visit (see also Section 7.1).

Baseline: After randomization and at the time the surgical message is discussed with the cancer patient. If performed within 7 days prior to baseline, H & P and Tobacco Use Assessment need not be repeated.

^{**} Surgery must occur after the TQD defined at baseline and can be performed no sooner than 10 days after randomization and no more than twelve weeks after randomization.
*** Post surgery visits can be +/- 14 days



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Surgical Adverse Events – Primary Endpoint

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• 30-day mortality	Increased postoperative pain	Myocardial infarction
30-day re-hospitalization	Renal insufficiency/failure	Pneumonia
1-year mortality	Return to operating room	Prolonged intubation
Anastomotic failure	Sepsis/septic shock	Prolonged ventilator support
Anesthesia-related respiratory	Stroke/cerebral accident	Pulmonary complications
complications	Surgical infection (organ space)	Pulmonary embolism
Bleeding (transfusions > 5 U)	Surgical site infections	Reduced skin flap survival
• Coma (> 24 hours)	Urinary tract infections	Vascular complications
Deep venous thrombosis/	Increased postoperative surgical stay	Vein graft failure
thrombophlebitis	Increased scarring and asymmetry	Venous thromboembolism
Failure to wean from the ventilator	Intubation (unplanned)/re-intubation	• Ventilator (> 48 hours)
ICU readmission	Lower rates of successful digital replantation	• Wound healing (delayed)
Impaired bone healing	(microsurgery)	Wound infection (sternal)
Implant loss (breast reconstruction)		Wound infections (superficial and deep)



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Surgical Training and Credentialing Requirements

- The surgeon does not have to be the local "PI" of the study, but s/he does need to be a registered NCI investigator, as s/he will be the person to deliver the no-smoking message and assess the surgical complications.
- · There are online training modules for Surgeons and Staff.
- Training must be confirmed by Study Chair prior to enrolling patients.

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